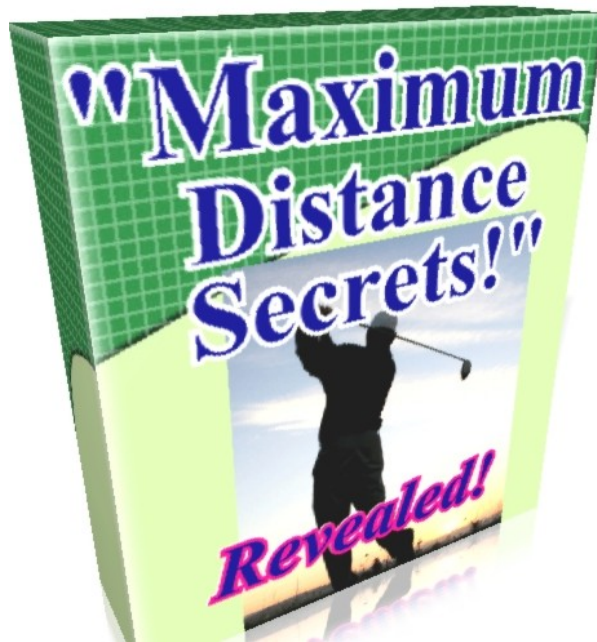


Strictly Off The Record
"Precision Putting Secrets!"
Mini-Report



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I. Introduction: Putting Means Practicing

Putting may sound simple, but you should strive to spend as much time as possible *practicing* your putts from various lengths & with different breaks as you can.

Spend time on the green taking long putts, short ones, putts that break from right to left, left to right, holing out straight putts, & others.

There are an enormous variety of putts you can practice. By investing your time into practicing every type of putt you can think of, you will become more comfortable & confident with any scenario that you are confronted with on the green.

A. The Questions

To enhance & optimize your practice, ask yourself the following questions:

1. Are your putts too hard or too soft?
2. Are you continually misreading the break?
3. Are you comfortable with lengthy putts?

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4. When your ball hits the hole, how does it to react? Does it roll right over? Does it sink, but then bounce out?

5. Are you using an uneven stroke which causes you to pull or push the putt?

Focus on these areas & adjust as needed. These are great starting points to refining an incredible putt.

B. Why It's Important

The huge variety of information that can be found on this simple little shot involves tips on styles, strategies, types of putters, philosophies, & individual techniques.

There is even research available regarding scientific putting theories & tests! Talk about in depth stuff! It's truly amazing how far technology has influenced our lives & continues to do so.

But, beginner golfers, amateurs, and even some Pros all tend to overlook just how integral putting is to the game of golf.

What it comes down to is that putting seems boring. Well, guess what? It is boring.

However, it's got to be mastered.

Many people have a fascination with sending the ball high into the

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air from the tee. They retain images of professional golfers wacking the ball great distances with a swing that seems like ultimate in grace.

Who dreams of "boring" putt shots?

Not many golfers at first. But, to lower your score, you better start aspiring to improve your putting skills.

The truth is that putting is the culmination of every shot you made on each hole. Each shot you take leads up to that one defining moment when you must get into the hole. Putting truly is the "end game."

Think about it. You've already got your tee shot to fly straight & far as you can. You've taken the approach shot(s) without sending the ball into the rough or other disaster areas.

Now you're on the green. You want to sink it smoothly into the hole without a glitch.

Mastering putting is the only way to end the hole.

Now, putting seems more important than you'd think it was, doesn't it? Maybe it's not glamorous, but putting is critical to getting that lower score.

C. Sharpen Up Your Skills

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You see, putting is one of the most important parts of the game. It takes the perfect combination of speed, confidence, coordination, & precision.

You need to adjust your body and swing style so that just enough strength is used to tap the ball. You must do this while simultaneously holding back the excitement you feel when making this last shot (this is covered more in depth below).

Easier said than done...right?

But, what if you miss? It takes great character to not "blow your top" in sheer frustration. The pros who've been around a while know that golf is a game of patience....a slow game of precision.

So, you should take practicing your putts as seriously as you do other shots. Consider this: that long drive that you just hit from the tee just traveled 200 to 300 yards....But, it counts the SAME as a putt: 1 stroke! It's hard to grasp this concept initially as most humans aren't good at non-linear thinking, but, that's reality on the course.

At the end of the day, the scorecard doesn't care what type of shots you had make. So, if you are going to put the practice hours in, devote a decent amount of them to developing your putting skills.

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II. Combining Strength & Finesse

To be successful at putting, you need confidence in your ability to make the shot every time.

You must be eager, sure of your skills, and perhaps a little bit on the cocky side (but not too far. I can't tell you how many times overconfidence has let me astray in multiple areas of my life).

Remember, there is a fine line between confidently bettering your game & being overly aggressive.

When facing a longer putt, you will undoubtedly need to add a little more strength to your swing.

So, if you want to hit more firmly & aggressively, the key is to lengthen your backstroke, *not* swinging the club harder & faster.

You need just the right touch of firm force to consistently make your putts. That being said, there are some drawbacks to using too much *muscle and might* in your putts.

For example, if the ball is hit too hard, it can run directly through the break. While speed is important, you cannot forget about the break.

Trying to forcing the ball into the hole never works. Also, faster and harder putts are much more likely to hit the hole & then spin out.

What you really want to develop is a fine balance. You want a firm

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putt- hit it just right without going in, around, or through the hole. Practice will allow you develop just that.

Remember: "Firm with finesse."

III. The Secret Training Drill

So, how hard should you hit the ball to get it into the cup?

A ball landing one or two feet shy of the hole isn't considered in. Therefore, the first step in putting is to hit the ball with *just enough* force. Remember: *just enough*.

This way, if the ball misses the hole, it will still be located fairly close to the hole & you won't have much difficulty making the next putt, given that the ball will still be close.

So, how do you determine how hard to hit the ball?

It's fairly easy. Go to a practice green & try putts from different distances until you start to get a better grasp on how hard to hit it from various lengths.

Practice first from 8 feet, 20 feet, and then from 40 feet. Hit the ball from different angles around the hole to see how the different lengths of putts feel.

With sufficient practice, your mind will start to develop a connection

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between the exact amount of force that you need to swing & the right force needed to land the ball in the hole.

IV. "Confidential" Putting

Your scorecard can only be improved by increasing your skills. And your skills will increase when you prepare & push yourself on every shot. You should ask yourself: *What do I expect from this shot?*
What is a reasonable result?

A. Reasonable Goals

The key to lowering your score is to try to avoid too many putts in general. That's the goal, really.

There is a difference between goals & expectations. Goals are the end game. Expectations are what you have about small steps toward your goals. Often, your expectations won't be met, so use baby steps to move towards your goals.

The initial goal you should have is to use 36 putts or fewer on an 18 hole course. To get there, you must use two putts or less on every hole.

This goal obviously becomes easier to achieve if you are consistently getting the ball onto the green from the tee.

But, during those times where it lands 30 to 50 feet away from the hole, you've got some work to do. It takes extreme focus to make

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those long putts successful.

B. Make Every Putt Count

By setting a goal of 36 or less putts per game, you've taken a positive step to improving your game.

When facing a long putt, you may get lazy & lose confidence in your ability to make the shot. This may cause you to swing in a halfhearted matter & you are destined to fail even before trying.

This happens to us all. Just keep going, avoid thinking like this, & don't give up faith!

Try again.

Reset.

And, make every putt count.

C. Over Confidence

Even if the shot appears to be easy, the same outcome may result if you are too confident. You may have been successful in getting the ball close to the hole, but now you feel overly confident & start attacking the ball aggressively.

Instead of staying focused, your overconfidence & lack of

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concentration may cause an easy 2' putt to completely miss the hole.

The key is really to find a balance between B & C above.

Get into the zone. Know that you can sink it, but don't taken it for granted....

But wait!

There's A LOT MORE than was presented here!

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